Upcoming Events

**PORCELAIN VENEERS: OPTIMIZING LONG-TERM ESTHETIC OUTCOME USING DENTO-FACIAL ESTHETIC DESIGN AND MANAGING OCCLUSAL DISEASE**
Friday, February 6, 2009

**EMERGING DISEASES, INFECTION CONTROL AND CALIFORNIA DENTAL PRACTICE ACT**
Saturday, February 7, 2009

**CHRONIC OROFACIAL, ORODENTAL AND HEADACHE PAINS FOR THE DENTIST**
Friday - Saturday, February 20 - 21, 2009

**ESTHETIC PERIODONTAL SURGERY FOR THE GENERAL PRACTITIONER: A HANDS-ON WORKSHOP (MODULES I & II)**
Friday - Sunday, February 20 - 22, 2009

**UPDATE IN PEDIATRIC DENTISTRY: PERIODONTAL HEALTH AND DISEASES IN CHILDREN AND ADOLESCENTS**
Friday, February 27, 2009

**NEW APPROACHES FOR ANTIMICROBIAL TREATMENT OF PERIODONTAL DISEASE**
Sacramento: Friday, February 27, 2009
Los Angeles: Friday, May 8, 2009

**USC NEW ODONTIC SEMINAR**
Friday, March 6, 2009
Friday, April 24, 2009
Friday, June 12, 2009

**ORAL SURGERY FOR THE GENERAL PRACTITIONER**
Saturday, March 7, 2009

**USC RUTH RAGLAND 23RD DENTAL HYGIENE SYMPOSIUM**
Lecture: Saturday, March 7, 2009
Hands-On: Sunday, March 8, 2009

**FUNDAMENTALS OF RESTORATIVE IMPLANT DENTISTRY FOR THE GENERAL DENTIST (PARTS I & II)**
Part I: Friday, March 13, 2009
Part II: Saturday, March 14, 2009

USC School of Dentistry
Office of Continuing Education
Phone: 213.821.2127
Fax: 213.740.3973
E-mail: cedental@usc.edu
Website: www.uscdentalce.org
This course examines the various negative stressors inherent in your dental practice and introduces new ambient and interactive technologies for minimizing stress – both for dentists and their assistants, and equally for dental patients. Psychologist John Selby, an expert on the cognitive dynamics of stress who has done research for NIH and authored such books as *Quiet Your Mind*, *Executive Genius* and *Take Charge Of Your Mind*, will present new theoretical stress-reduction models related to the dental experience, and offer in-depth demonstrations of an effective new methodology to actively reduce stress and uplift patient mood both in the reception room and during dental procedures.

**Upon completion of this course participants should know how to:**

- Employ new non-intrusive ambient technologies and media that help reduce stress and boost one’s mood at the dentist and after work by including short professional video programming before, during and after dental procedures, and at home.
- Use a parallel program for reducing dentist/assistant error and accident, and boosting a general sense of alertness, wellness and enjoyment at work.

**Synopsis**

John Selby, ThD

Dr. Selby is a psychologist and author of over twenty books on stress relief and personal awareness management. He did his studies in cognitive psychology at Princeton, UC Berkeley, the San Francisco Theological Seminary and The Radix Institute, and completed mind research at NIH and the New Jersey Neuro-psychiatric Institute. His unique Therapeutic approach to video programming emerged from his involvement in The American Film Institute’s early Director Intern Program, and from personal training with photographic masters such as Josuf Karsh and Gabriel Moulin. As head of ALS Inc and Awareness Management Systems, John continues to oversee video production and research.

**Registration Fees**

**Before March 1, 2009**

- Dentist: $195
- Auxiliary: $105

**After March 1, 2009**

- Dentist: $225
- Auxiliary: $135

For more information on course content and methodology please go to:

www.dentrelax.com